2: Read E-5 (1935-1939) 1956
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when eating meat. The lesser wives sat on the ground, which was cleaned and smeared often with cow's dung.

The second *induna* of the village was the one who put the meat on the *ingcwembe*, or big platter of the *inkosikazi*, and placed it before her. She herself or her *nhlanzi* (co-wife) divided the meat for the other women, the wife of the *induna* helping her. After they had eaten, each *inkosikazi* called for an *ingcwembe* from her house for the meat to be given to her attendants.

The Life of the Royal Women
by NaNdumbu

formerly the big wife of the late Chief Njolomole Nzunga I in the central kingdom

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Old Njolomole had many wives, great and small. His huts were well made, and in the middle was the 'big house'. They made a fence to go round all the huts, and its appearance was very good.

He was fond of sitting on the *bwalo*, and all his wives cooked *nsima* and took many baskets to the *bwalo*. He himself ate alone, but afterwards gave food to the big people and they in turn to the children who were waiting on the *bwalo*. If a stranger came, he did not lack food, for the chief gave food to strangers and beer. So all strangers praised his behaviour. And he was known far and wide in the land for his comely behaviour. [574]

When the days for *ngoma* were near he was going to the stores to buy many cloths to divide them to all his wives. Especially he was giving them to NaNdumbu his big wife to divide. Those cloths were all of one kind. On the day of dancing *ngoma* all the women wore these cloths and came on the *bwalo* with the chief. The people were astonished to see the women dressed alike. Njolomole excelled among all the people, and all praised him.

In the hut of NaNdumbu there were girls to sweep and to pound, and NaNdumbu was just sitting, no pounding for her.

Njolomole was very fond of hunting and when he killed animals in the hunt he divided them among his wives. Then he died and left his wives. From that time his wives have been very poor, and some have gone away to their own homes. Those who are here have been married by other men. Although the men dance *ngoma*, those women cannot dance it because they were greatly praised when they danced with fine cloths, but they cannot dance with poor cloths, no. So when people dance they just look on. Those women can dance *ngoma* in other villages, but here in their own village, no. Because they grieve very much to see the tomb of their husband who was dancing with them.

The Clothing of Women
by Yesaya Cibambo

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Today Ngoni women are not easily recognized because they have taken foreign customs of clothing. Long ago Ngoni women were easily distinguished by their hair. They did not shave their hair except when their husband died. It was washed carefully and oiled and combed upwards to the top of the head in the *isihlutu*. The oil was *ipehla*, clarified butter. This was done every two or three days, or every day if they were grand women. They decorated it with small strings of beads dangling from a [301]

3: Read E-5 (1935-1939)1960
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rocky outcrops. In September, several weeks before the rains begin, the trees burst out into red foliage, making scarlet rings and patches around the mountains and along the valleys, while through the hard-baked earth spring gladioli and orchids. This is the time of the bush fires when grass is burned and men and boys go hunting. The first rain storms bring a transformation. Fresh green grass covers the land, and scarlet leaves turn bright green on bushes and trees, and later marigolds turn the hillsides golden and yellow arums and red-hot pokers appear along the roadsides.

In making this high plateau their home, the Ngoni chose it primarily for the pasture lands for their cattle. They sited their villages on the ridges or the slopes of the hills, where they had a commanding position, with access to water, good land for cultivation in the shallow dips and river valleys, and woodlands where they could cut poles for their houses and cattle kraals.

The traditional Ngoni village was built in a horse shoe formation round a circular cattle kraal. Larger villages had a central kraal with huts round it, and several other kraals each with its horseshoe grouping of huts. A large village, and there were many of over a hundred huts, seemed at first sight to be a sprawling collection of huts and kraals, with a few tall trees about and several red ant-hills. A pattern of hut sites became apparent, however, once the family and kinship grouping was known. Behind each hut was one or more circular grain stores built on platforms, large ones for maize and smaller ones for millet or ground-nuts. In the Central Ngoni kingdom, and sometimes in the Northern kingdom, there were tall reed fences round the huts of leading families, enclosing an open space where household work went on, and wood and grass were stored.

There were two focal points in each village, reproduced on a minor scale in the hamlets round each kraal. One was the 'big house'[1] at the head of the kraal, where the leading woman had her home.

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woman had her home. The other was the 'gate'[1] of the kraal at the opposite end of the enclosure to the 'big house'. The name by which this 'gate' was known applied also to the space on each side of the gap in the kraal fence through which the cattle went out and came in—a gap which was closed at night with heavy poles. Here at the gate the men of the village sat by day, ate their meals brought to them by children from their wives' huts, talked, received strangers, pursued their crafts, and supervised the return of the cattle in the evenings.

In and around the main huts within the tall reed fences, the life of a Ngoni household went on. Some of the huts were rectangular, others round. All had a veranda built up above the ground-level and shaded by the house roof. The back parts of the veranda were often enclosed with mats to make additional storage space. In old Ngoni households the open space around the hut was kept swept and mudded and polished like a floor, so that people could sit there in comfort and cleanliness as well as on the veranda. Near the house was one or more little reed platforms about five feet above the ground, where kitchen utensils, gourds and vegetables were laid to dry, and which were used to sit under as shelter from the sun in the hot months. Large and small wooden pounding mortars and poles, clay pots of every size and shape, mats for sleeping and for drying grain, baskets for many purposes, wooden food trays and spoons, gourds of several shapes, formed the traditional household equipment always to be seen outside and around the hut, as well as inside.

In each household, within the main hut, there were two places of particular significance. One was by the two main door-posts at the entrance. These posts with the hollow for the fireplace in the centre of the floor divided the hut into a right-hand and left-hand side—the men's side and the

[1] and [2] A short list of the vernacular terms for some these common Ngoni place-names is given at end of the book.

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It was the fathers who decided at what age a child should go to school, and having once enrolled the boy or girl and paid the fees, the fathers insisted on regular attendance. 593 [872]

All Ngoni fathers showed affection for their young children, some consistently and others when it occurred to them. They picked them up and carried them about, held their hand while they tried their first steps, listened to their attempts to speak correctly, held them in their arms when they sat on the veranda. In one village twin boys aged four were devoted to their father and he to them. When he walked about, he held a hand of each. When he sat on the veranda they were always beside him and he had an arm round each. When he was elsewhere, the twins wandered about the compound disconsolately, hand in hand, rejecting the advances of their nurse girls and uncertain what to do until he appeared again.

Ngoni fathers had to be consulted in cases of sickness when the grandmother's remedies had failed and specialist help was needed. Then the father and his brothers and their father decided whether to summon a diviner or a herbalist, and arranged for the throwing of lots or the search for 'medicines', and paid the agreed fee when the cure worked. 593 757

It was part of Ngoni tradition to keep the knowledge of death away from young children. The father was held responsible for seeing that his children were kept away from the hut where the corpse was awaiting burial, and from the funeral itself. When men and women of leading Ngoni families were buried at the edge of the kraal, and the fence enlarged so that the cattle stamped over the grave, the explanation given (though it was not the only reason) was that 'the young children should not know or fear death in this village'. 593 764 858

The physical surroundings of the small child

The two diagrams, overleaf, illustrate the layout of the hut and compound in typical Ngoni households. Some of these 342 351

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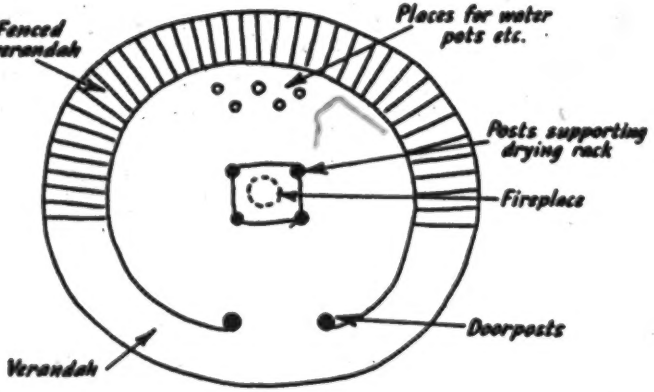

DIAGRAM OF HUT

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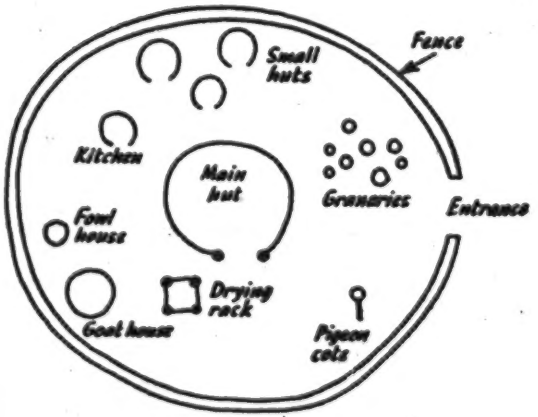

DIAGRAM OF HOUSEHOLD COMPOUND

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surroundings were described in Chapter I, but in spite of some repetition I have given a fuller description here to set the stage for the earlier years of a young Ngoni child. In several respects a casual observer, looking at the external appearance of the hut and the objects round it, might fail to distinguish between them and almost any Nyasaland village. Many of the household objects were indeed the same as those used by other Nyasaland peoples. But there was more elaboration about Ngoni huts and compounds; they were as a rule kept in an orderly and clean condition; and there was cultural significance about some of the features of Ngoni households mentioned here and in Chapter I which was not found elsewhere.

To the small child taken to his grandmother's hut at weaning, the space within the fence of her compound was full of interest. There was the hut itself which might be the 'great hut' of the village or one of those known as the 'right hand' and 'left hand' huts. It was generally circular, with interior walls some seven to eight feet high, with a conical roof of tightly packed grass neatly trimmed at the edges and decorated with cows' horns from the peak downwards in four lines. Inside the hut framing the doorway were the two main door-posts, solid and polished with much handling. Four posts in the middle of the floor went up to the rafters and supported cross-bars and a light platform on which gourds, herbs and green vegetables were dried. Under this platform, in the centre of the hut, was the hollow place for the fire and the three rounded hearthstones on which pots were balanced when cooking took place there. Against the back wall of the hut was a slightly raised platform in which were several small hollows for the round bottomed pots holding water, or grain or beans. Surrounding the entire hut was a raised veranda some four to five feet wide, shaded by the projecting roof, and generally fenced in all round the back, thus making extra storage space. All round the front of the hut was a well-swept space, mudded and polished in

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old Ngoni families, and shining like marble, as did the hut and veranda floors. On this polished space, or else on the veranda, the child's grandmother sat when callers had been announced, and from that vantage-point she could command the entrance through the surrounding fence, and agree to receive callers who had asked for admittance. Also in front of the hut was another drying platform which was large enough to offer shelter from the sun in hot weather; the dovecot where the 'royal pigeons' lived if the household was of the royal clan or distinguished enough to aspire to keeping pigeons. Off to one side was a hut for the goats at night and another, hoisted up on a platform, for the poultry. On the other side of the main hut were the grain stores, built up on low platforms. The maize stores were up to ten feet high and ten feet in diameter in these big households, and well-to-do women would have four or five of them bulging with maize cobs. There were smaller circular mudded bins for ground-nuts and millet. Behind the hut were two or three small huts where some of the helpers slept, and one of them was generally a kitchen hut. Piles of wood, and bundles of thatching grass bound neatly with bark rope, were stacked against the fence.

There were innumerable objects around the compound of interest to the small child prowling about. Two or three tall wooden pounding mortars, so heavy that they could not be lifted and had to be trundled on their circular base from one place to another, stood near the kitchen hut, or were moved to the front if the women pounding had to watch children there. There were much smaller mortars for pounding ground-nuts, kept when not in use in the fenced-in veranda; and one or more large flat stones for grinding finger millet and bulrush millet. Baskets were of all sizes and shapes from the small round food basket with a lid in which father's food was carried to the kraal gate, to the wide shallow winnowing baskets, the deep round carrying baskets some as large as two feet in diameter, and the porous baskets used as

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sieves for straining beer or water poured through ashes to make salt. These lay around all day if they were being used, and were periodically scrubbed and put on the rack to dry, and at night stacked tidily in the veranda. In the day-time sleeping-mats of finely woven fibre were brought out into the sun, and so were skins and cloths used as coverings at night. Some of the Ngoni used curved wooden headrests as pillows often carved at the ends with animals' heads to fascinate a small child.

On the polished space in front of the hut were laid from time to time mats on which sprouting millet for making beer was dried, or partly pounded damp maize. A young child was sometimes told to keep the fowls and dogs off these mats. These animals and often small kids, wandered and pecked and scratched and quarrelled inside the fence all day, and young children chased them.

Beyond the fence lay other fenced compounds grouped round the cattle kraal, and beyond the village buildings lay patches of woodland, grass pastures, cultivated 'gardens', and water-holes and streams. Going with the mother or grandmother or a nurse girl or helper to fetch water, or work in the gardens was an expedition for young children which they delighted in.

In these village surroundings there were some places forbidden to young children, who were corrected by everyone with smacks and stern reproofs until they learned to keep away. One such forbidden place was the kraal gateway where the men sat and talked and ate. No woman until she had passed the menopause was allowed to cross over in front of the gateway lest she injure the cattle. If therefore children strayed down there, younger women did not like to go and fetch them back, as the men always grumbled if women went there lest they should harm the cattle. It was nevertheless a place that had a great attraction for boys of five to seven years old, because they found their fathers there and the herd boys. The boys in this age-group of five to seven showed

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in with a smooth round stone. This too was hard work, but every now and then the grandmother, watching and supervising, handed out a lump of clarified fat which quickly brought up a fine polish. The girls were told that this high polish was necessary so that people might sit with pleasure on the floor, and so that all dust and refuse showed up clearly in the morning sweeping of the hut. The floor of the veranda was similarly polished, and, as we saw in Chapter IV, the more important huts had a smeared and polished space all round the front.

In arranging the inside of the hut girls were taught the right places to put the water-jars and other pots, the baskets and mats, and the bundles of cloth and ornaments belonging to the 'house' wrapped in mats or packed neatly in wooden or tin chests. Brass and bead ornaments, and special cloths for use by men and women on ceremonial occasions, were all kept in the huts of leading women. The ornaments worn by such a woman during her lifetime were returned to the 'house' after her death and looked after in the hut of her successor. These possessions and heirlooms were periodically brought out into the sun, and shaken and aired or polished. A housewife was publicly shamed if she did not take care of such property, and people spread stories that she was careless about keeping the wealth of the house in good repair. Girls were reminded of this when they were called to help at such a 'spring cleaning', and told as a warning: 'So-and-so in that village over there, she let the insects eat the cloth of the house. The mildew spoiled the bead-bands and waistcoats. The green rust came on the brass wire. She was shamed when men spoke about it.'

Part of the property of each household was the food stored after harvest or gathered from the bush. Formerly the Ngoni stored their staple cereal in pits dug in the kraal, mudded and fired and covered with a flat rock. The same kind of pit was sometimes made in the side veranda for storing sweet potatoes, but nothing was stored in the kraal.

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614 Clan names, however, are inherited from the father in most Ngoni
551 families. These names are used as surnames for the purposes of the
506 Administration, and as forms of polite address. On marriage, a man
428 and wife may live in either the village of the man or of the woman,
591 although the custom whereby initially they should live in the village of the woman for a few years is still followed by some.

III

361 In the village there are dwelling huts, storehouses, pens for the small animals, drying platforms, and cattle byres. The huts are often arranged in rather uneven parallel lines, with all the huts facing
●351 the same way. The fences found in other parts of the country enclosing a small courtyard round the hut, are not often seen here.
342 Each married woman has her own hut, and possibly a smaller hut as
413 well, used as a kitchen and sleeping place for visitors and children. Unmarried adolescents of one sex sleep together in modest huts they
882 have built for themselves or else in a hut left empty by a former resident. Where bamboos are available, as in the north and east of
342 the area, they are used to form the framework of a circular hut. The
[824] walls are made in two concentric circles, with mud plastered on the inside of the inner circle, but with the outer circle often left unmudded. The walls are made in unbroken circles, doorways being cut out later with an axe. The space between the two circles is used
[353] for storing pots and other household goods and is sometimes used for cooking. The bamboos are woven together, split bamboos going horizontally and unsplit ones vertically, so that light is able to pass through the unplastered wall. Open lattice fencing is also found forming part of the outer wall.

Where bamboos are not available, either circular or rectangular huts of poles and mud are made. Rectangular huts are often subdivided with a partition wall, to make a separate sleeping place, while the verandah may be partly walled in to make a cooking shelter protected from the wealther. With both bamboo and pole huts, the